

# FROZEN ROPES

## Fast Pitch

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### 2009 Softball Winter Schedule of Events

#### Born to Play Class (ages 3-4)

An activity class designed to introduce children to athletic movement, supervised exercise and baseball!

4 Week Session - \$64/\$48\*

	Session times	Session dates
Session # 1 - Saturdays	9:00am - 9:50am	December 5, 12, 19, January 2
Session # 2 - Saturdays	10:00am - 10:50am	December 5, 12, 19, January 2
Session # 3 - Saturdays	9:00am - 9:50am	January 9, 16, 23, 30
Session # 4 - Saturdays	10:00am - 10:50am	January 9, 16, 23, 30

#### Girls Got Game Class (ages 7+)

4 Week softball class focusing on all aspects of the game, hitting, fielding, throwing and pitching

4 Week Session - \$99/\$89\*

##### Ages 7-9

	Session times	Session dates
Session # 1 - Sundays	3:00pm - 4:00pm	November 29, December 6, 13, 20
Session # 2 - Tuesdays	4:00pm - 5:00pm	January 5, 12, 19, 26

##### Ages 10-12

	Session times	Session dates
Session # 1 - Tuesdays	5:30pm - 6:30pm	December 1, 8, 15, 22
Session # 2 - Sundays	2:00pm - 3:00pm	January 10, 17, 24, 31

##### Ages 13-15

	Session times	Session dates
Session # 1 - Wednesdays	5:30pm - 6:30pm	December 2, 9, 16, 23
Session # 2 - Sundays	1:00pm - 2:00pm	January 17, 24, 31, February 7

##### Ages 15+

	Session times	Session dates
Session # 1 - Tuesdays	7:30pm - 8:30pm	December 1, 8, 15, 22
Session # 2 - Thursdays	8:00pm - 9:00pm	January 7, 14, 21, 28

#### Pitching Class (ages 9-13)

Pitching class to improve mechanics, increase velocity and prepare you for game situations. Led by minor league pitchers.

4 Week Session - \$99/\$89\*

	Session times	Session dates
Session # 1 - Sundays	4:00pm - 5:00pm	November 29, December 6, 13, 20
Session # 2 - Mondays	7:00pm - 8:00pm	January 11, 18, 25, February 1

#### Softball Winter Clinic (ages 7+)

10 Week winter clinic focusing on all aspects of the game, hitting, fielding, throwing and pitching

10 Weeks 90 Minute Sessions - \$349/\$315\*

##### Ages 7-9

	Session times	Session dates
Sundays	3:00pm - 4:30pm	January 17, 24, 31, February 7, 14, 21, 28, March 7, 14, 21

##### Ages 10-12

	Session times	Session dates
Tuesdays	5:00pm - 6:30pm	January 5, 12, 19, 26, February 2, 9, 16, 23, March 2, 9

##### Ages 13-15

	Session times	Session dates
Wednesdays	5:30pm - 7:00pm	January 6, 13, 20, 27, February 3, 10, 17, 24, March 3, 10

##### Ages 15+

	Session times	Session dates
Thursdays	6:00pm - 7:30pm	January 7, 14, 21, 28, February 4, 11, 18, 25, March 4, 11

#### Drop and Shop Day Camp (ages 5-12)

Thanksgiving Friday Day Camp - Day of games and fun. Full Day and Half Day options available

Full Day: \$55/\$48\*

Half Day: \$30/\$27\*

Friday, November 27

Half Day : 9:00 - 12:00 or 12:30 - 3:30 Full Day : 9:00 - 3:30

\*World Member Pricing